



Winter

NEIGHBORHOOD ASSOCIATION NEWSLETTER
www.matthew-meadow.com

February 2018

Annual Membership Meeting

Wednesday, February 7, 2018 at
6:30 PM

at

Los Griegos Health & Social Services
Center
1231 Candelaria NW

Your MMNA Board Invites you to join them at the
2018 Winter Meeting

Agenda

- 1) Welcome
- 2) Special Guest - TBD
- 3) Secretary - Minutes from June 2016 meeting
- 4) Treasurer's Report
- 5) Election of Officers
- 6) Community Events Update

**Volunteers to set up the meeting room at
6:15 would be appreciated. See you there!**

Happy New Year; 2018! Here it is; ready or not.

As we look back on 2017, I hope you all had a wonderful year and a happy Holiday Season. Last year went by quickly, and it was a very busy and productive year for Matthew Meadow.

The 4th of July Parade and celebration was a big hit again this year. Thank you to **Henryk Solma, Miguel** and **Kathy Diaz** from Monroes, the Firemen, Michael Silva who owns The Alb Trolley, and all the volunteers who helped to make it so special. This celebration is something that everyone in the neighborhood looks forward to each year and it is a highlight of our neighborhood.

We also had the added touch to the garage sale, of helping the teachers at **Duran Elementary School**, with donations from proceeds. Thank you to **Carolyn Beaty** and **Karl Horak**, and to **Sylvia Taborelli** who did the scheduling.

We sponsored the 5KRun/Walk to benefit Outcomes Inc. again this year. Because of your support and help, **Outcomes, Inc.** was the beneficiary of \$800.00. That is about a \$200.00 increase from last year! Thank You neighbors! And Thank You to **Molly O'Rourke Wall, Zane Reeves, Mike Silva**, and other friends.

We sponsored the luminarias for the benefit of the **NM Women's Chorus** this year. A special Thanks to **Bonnie Barnes**. The tradition of luminarias is so beautiful, and I hope that we can make our neighborhood look even more magical next Christmas. There will be more to come on that as we get closer to the end of the year.

We are very pleased that we have worked with the correct department to keep the West entrance looking great. It was a challenge, but we did it.

Another new thing that we developed in 2017, was to have an Online News Briefs in the middle of the year. I have received a lot of good feedback from people who really liked the e-mail news. However, we have a limited number of correct emails. Some of the emails we have are old, incorrect, or we don't have them at all. We will be expanding e-mail news this year, and hope it helps let people know what is happening. We would love to hear from you too.

If you like the idea of getting updates more often, please feel free to email your contact information with your email address to me at mary@maryspensley.com or Steve at smsmith5391@yahoo.com.

Matthew Meadow is such a wonderful neighborhood, and I really appreciate all of my neighbors. As we look forward to 2018, I hope you have a wonderful and prosperous year this year; filled with accomplishments and time with family and friends. I also hope to see you soon at the next meeting and coming events.

Kind Regards,

Mary Spensley

President, MMNA

MMNA Entrance Maintenance Update

In the past, we have worked with the ABQ Parks and Recreation Department on our entrances' maintenance. The city normally mows and waters, while we were responsible for weeding and plant maintenance. With the city's constant personnel changes and limited funds, our entrance maintenance hasn't always been optimal.

Our entrance upkeep has now been complicated by the fact that the **west entrance** is now handled by the Clean City Division of the ABQ Solid Waste Department, while Parks & Recreation still handles the **east entrance**.

We also have to deal with the fact that we pay for the watering for our **west** entrance but have absolutely no control over the irrigation. Problems with this watering system has often resulted in large water bills for which we are responsible.

PARKS & RECREATION EVENTS

Did you know that the **Parks & Recreation Department** offers classes on such things as *Yoga, Gardening, Wildlife Walks, Qigong, etc?* Check out the website: www.cabq.gov/parksandrecreation/events for details.

BULLETIN BOARD

Nature By Design, Horticulture Specialist
*Landscape Planning, Maintenance, Irrigation Check & Repair,
Tree Planting*
Contact: 505-507-4561

MMNA Board of Directors

President

Mary Spensley
610-0806

Vice President

Henk Sloma
303-2192

Secretary

Sylvia Taborelli
344-6891

Treasurer

Steve Smith
345-9016

Member at Large

Karl Horak
342-4483

Member at Large

Meg Adams Cameron
553-2871

Water by the Numbers

The Water Authority has developed a flexible, voluntary program that seeks to limit needless landscape irrigation: Rather than impose mandatory watering schedules, the **Water by the Numbers** program puts YOU in control.

ONCE (1) a Week in **MARCH**

TWICE (2) a Week in **APRIL & MAY**

THREE (3) **TIMES** a Week in **JUNE, JULY & AUGUST**

TWICE (2) a Week in **SEPTEMBER & OCTOBER**

ONCE (1) a Week in **NOVEMBER**



Important Community Phone Numbers

911 - Police, Fire, Ambulance Emergency

242-COPS - Emergency APD - Suspicious cars, people or activity in MMN or Matthew Park (people or parked cars between 10 pm & 6 pm)

311 - Get info on city services and inquiries, events, classes, recreation programs. Report abandoned cars, potholes, graffiti, weeds, etc. Obtain direct referral to the correct city service department.

Special Thanks!

We would like to thank **Sylvia Taborelli** for very generously offering her time and enthusiasm to organize the annual MMN garage sale. Also, **Henry Sloma** and his family for organizing the **July 4th** celebration, **Mary Spensley**, an associate broker with **Caldwell Banker Legacy**, for providing the **4th of July** flags, and **Monroe's restaurant** for the great burritos for the **July 4th** celebration.



Volunteers Needed!

Even though board members have managed such events as the July 4th celebration and yearly garage sale, these events are not guaranteed. If no board member can step in, and there are no other volunteers, then the event will not take place. So, if you can, please volunteer to help with these events.



MMNA eMail Notification

If you haven't been receiving any MMNA email notifications, and you would like to, then please provide your current email address on your 2018 MMNA Dues form, or email it to smsmith5391@yahoo.com.

Last year, the MMNA board has helped promote, by email, such events as the **New Mexico Women's** chorus luminaria sale, **Outcomes, Inc.** charity run and the garage sale for **Durances elementary teachers**. The board is happy to promote such events for our neighbors by sending an email, but please realize that we don't have staff to help with the event or pass out flyers.

Thank you letter for the 2017 OUTCOMES, INC. 5K Charity Run

On behalf of the Staff, Clients and Board of Directors of OUTCOMES, INC. THANK YOU all for your support, donations and for sponsoring the 5K Charitable Fun Run/Walk on Saturday October 21, 2017.

Because of your support and help, OUTCOMES, INC was the beneficiary of \$800.00!!! These funds will greatly assist the Agency in continuing to provide professional counseling, conflict resolution, Grandparents Raising Grandchildren Programs and social support to individuals, families and workplaces. A heartfelt thank you goes to our sponsors, Mary Spensley, Zane Reeves, Big5 Sporting Goods and Mike Silva, Jr. owner of RUDE BOY COOKIES and a resident of Matthew Meadow.

Sincerely,
Molly O'Rourke Wall
President OUTCOMES Board of Directors

A "COLD OR FLU" CHART		
Symptoms	Cold	Flu
Fever	Sometimes, usually mild	Usual; higher (100-102 F; occasionally higher, especially in young children); lasts 3 to 4 days
Headache	Occasionally	Common
General Aches, Pains	Slight	Usual; often severe
Fatigue, Weakness	Sometimes	Usual; can last 2 to 3 weeks
Extreme Exhaustion	Never	Usual; at the beginning of the illness
Stuffy Nose, Sore Throat	Common	Sometimes
Sneezing	Usual	Sometimes
Chest Discomfort, Cough	Mild to moderate; hacking cough	Common; can become severe
Complications	Sinuscongestion; middle ear infection	Sinusitis, bronchitis, ear infection, pneumonia; can be life-threatening
Prevention	Wash hands often; avoid close contact with anyone with a cold	Wash hands often; avoid close contact with anyone who has flu symptoms; get the annual flu vaccine.
Treatment	Decongestants; pain reliever/fever reducer medicines	OTC Decongestants, pain relievers, or fever reducers (<i>never to young children</i>); prescription antiviral drugs may be given.

2017 MMNA Dues

We want to thank all dues-paying residents for their contributions. Your dues go towards our family **community events, entrance maintenance, and neighborhood security**. If you would like to continue to contribute to the association for 2018, you can do so (see **membership form** below). The suggested amount is \$25 but any amount is appreciated.

Many Thanks!

Steve Smith, MMNA Treasury
email: smsmith5391@yahoo.com

Jonathan Anderson & Mary Sampaio
Philip & Susanna Auerbach
Andrew Black
Tamarah & Steven Brown
John & Joanne Buehler
Evelyn G Byatt-Ballantine **
Stewart Cameron & Marquerite Adams-Cameron
Steve & Agnes Chankin *
James Coker
John & Lisa Colbert
Martin & Katherine Colby *
Marjorie Cypress & Philip Jameson *
Terry Davis & Steve Smith *
Kathleen H Diaz *
Judy Diehl-Faxon
Deborah Doak *
George Dresden & Bonnie Barnes
John & Fran Duncan
Dana and Carol Eiffert *
David & Janet Fike
Charles Fleming
Darrell Frisse *

John Gabaldon
James Gallegos
Charles & Clara Garcia **
Richard Gentry
Robert & Helene Glew
Catie & Bill Glover *
Dave Gallant & Janice Glover *
Helen Gonzales & Lee Peifer
Mary Beth Greulich
Dawn & Devon Hall
Chere Hartman
Shawn & Janice Hinds *
J. Edward & Deborah Hollington *
Karl Horak
Robert Jones & Nikki Mann
Bill & Debbie Kolkmeier
Kathy Kunkel
Richard & Karen Lastrapes
Rebecca Leonard
John & Kay Leslie *
Victor J. Lipari
Catherine & Mark Lopez *
Gary & Thoula Mallory *
Floyd & Lorraine Manzanares *
Steve & Gail Marcum *
Jeff McConaughy
Philip Melnick & Paula Rebert*
Roy & Dianne Moody
Bryan G. Moseley *
Lori & Mark Muller **
Alice & John Myers *
Kyle & Betty Nye *
William Oaks
Sanford & Janice Oelberg
David & Barbara Okerberg
Jan & Edward Padilla *
Robert & Sara Perovich *
David Pollock *
Richard & Maribeth Price *
John Ramos *

Peter & Patricia Robinson
Beth Redstone & Judith Rosenstein
Frank Roth & Debbie Stover
T. Parker & Virginia Sando
Richard Sertich & Marte Lightstone
Laurence & Judy Sisson *
Henryk Sloma *
Christine Small
Mary & Steve Spensely **
Tim & Lorrie Stepetic
Steve Stockdale *
Cheryl & David Summers
Sylvia Taborelli
Billy Thiebaut *
Paul Thorne & Elizabeth Whitefield Thorne **
Donna Tomky & Bob Greer *
Thomas Toser *
Sue & Dennis Umshler
Ross & Jean Van Dusen *
Gilbert & Regina Velarde
Zane Reeves & Molly O'Rourke Wall *
Phillip Ward
Tom Willis *

* Members who donated more than the suggested \$25 dues.

** Payments for 2016 & 2017



Matthew Meadow Neighborhood Association Membership Form

(Mail To: MMNA P.O. Box 70294 Albuquerque NM 87197 or
by Paypal via website: www.matthew-meadow.com)

Name: _____

Address: _____

Phone: _____

Email: _____

Suggested dues amount per year: **\$25.00**

I would like to help with the following:

- Board of Directors
 Newsletter

- Safety Task Force
 Delivery of Newsletters

- Fun Social Activities
 Winter Holiday Festivities