

# Matthew Meadow

Summer

NEIGHBORHOOD ASSOCIATION NEWSLETTER

June 2017

[www.matthew-meadow.com](http://www.matthew-meadow.com)

**General Membership Meeting  
Wednesday, June 21, 2017 at  
6:45 - 8:00 pm**

at  
**Los Griegos Health and Social  
Services Center  
1231 Candelaria NW**

Your MMNA Board Invites you to join them  
at the 2017 Summer Meeting

## Agenda

- 1) Welcome
- 2) Special Guest - TBD
- 3) Secretary - Minutes from Last Meeting
- 4) Treasurer's Report
- 5) Community Events Update
- 6) Other Business

**Volunteers to set up the meeting room at 6:15  
would be appreciated. See you there!**

our "first impression" being lovely and green again. If anyone has advice or ideas to help with that goal, please let us know.

We again have a wonderful Board for the MMNA. **Steve Smith** has again agreed to be the Treasurer and I really appreciate his extra work, helping out pretty much everyone and preparing the Newsletters. **Sylvia Taborali** is staying as the Secretary and we also appreciate her again this year. **Meg Adams Cameron** is our new Member At Large on the Board along with **Karl Horak** who also maintains our website. **Henryk Sloma** is the new Vice President and has graciously accepted the job of organizing the **4<sup>th</sup> of July Parade**. This is an event that Matthew Meadow neighbors seem to look forward to, and we all have a fun time. It is also a great opportunity to meet and get to know your neighbors.

We had a Board meeting where we discussed the upcoming events and direction of MMNA. One such event is the **Neighborhood Garage Sale**. At the last neighborhood meeting, it was voted that we will try doing it in September which has now been set for **September 22, 23 & 24**. We will give plenty of notice to the neighbors so they can prepare.

I think I am taking up too much room, so I would like to close with this thought:

***"NEVER REGRET ANYTHING THAT  
MADE YOU SMILE" - MARK TWAIN***

**Mary Spensely  
MMNA President**



## Hello my wonderful Matthew Meadow Neighbors!

Time is flying, summer is here, and we are already half-way through 2017. I wanted to thank you for giving me the honor of serving as your Neighborhood Association President again. It is my pleasure to give back to our community and neighborhood. I have served as President and, in almost all Board positions. I take pride in the fact that I was instrumental in starting MMNA since the neighborhood was developed in approximately 1978.

Matthew Meadow is looking so beautiful this summer. We had to push the ABQ Solid Waste Department, the new department taking care of our west entrance, to work a little more efficiently. I am hoping that they are learning to maintain and nurture our park and entrances a little better. I am looking forward to



# July 4<sup>th</sup> Event in the Park!

Support our country and our neighborhood!

Our Annual July 4th Event will take place between **10am** and **2pm** at the Matthew Meadow Park. We will have a parade around our neighborhood starting at the **West Entrance** on **Avenida Curvatura** at **10am** and end up at the park. Food and water will be available!

## ACTIVITIES & CONTESTS FOR ALL AGES TO INCLUDE:

**Face Painting - Balloon Entertainment - Water Balloon Toss  
Jumper Races - Bicycle Patriotic Decorating Contest**

### **NEW THIS YEAR!!**

**LocoFunJumper** will have a **Titan Obstacle Air-Filled Course** for all ages – *compete against friends, or parents against their kids!*

**Cupcake Decorating Contest** (bake **6** or more submissions). *Both winners and runner ups will be consumed with equal gusto!*



## Movies in the Park

On **Saturday, August 26**, Bernalillo County will be sponsoring a free family movie night at Matthew Meadow Park. The show will be **Power Rangers** and start at **dusk**. Food vendors will available (sorry, no alcohol!). For the complete **2017 summer schedule of free movies** in the parks around Bernalillo County, go to [www.BernCo.gov](http://www.BernCo.gov) or call the info hotline **(505) 314-0477**.

# Summer Events 2017

## ROUTE 66 SUMMERFEST

July 22, 2017

Presented by City of Albuquerque: Special Events (Cultural Services Department) and City of Albuquerque at Central Ave. between Girard Blvd. and Carlisle Blvd

## RAIL YARDS MARKET

May 14 - Oct 29 (Sundays from 10am-2pm)

Presented by Rail Yards Market at Albuquerque Rail Yards

## DOWNTOWN GROWERS MARKET

April 15 - November 4 (Saturdays 8 AM - Noon) at Robinson Park

The Downtown Growers' Market's mission is to support and promote local agriculture, small business development and community engagement

**For more details on these and other events in and around Albuquerque, go to the website *ABQtodo* ([www.abqtodo.com](http://www.abqtodo.com))**

## MMNA Board of Directors

### President

Mary Spensley  
610-0806

### Vice President

Henryk Sloma  
303-2192

### Secretary

Sylvia Taborelli  
344-6891

### Treasurer

Steve Smith  
345-9016

### Member at Large

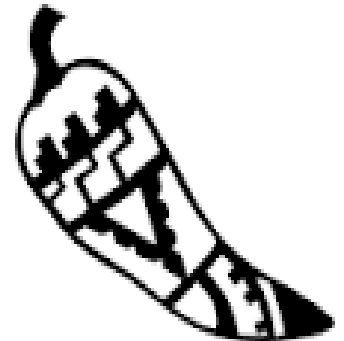
Karl Horak

### Member at Large

Meg Adams Cameron  
344-2766

## Notice!

This year's **Matthew Meadow Yard Sale Event** will be held on **September 22 - 24**.





# Hummingbird Feeders



Hummingbirds get the energy they need to maintain their astonishing metabolism primarily from flower nectar and the sugar water they find at feeders. For protein and other nutrients, they also eat soft-bodied insects and spiders. You might try setting out some overripe fruit--banana peels are good--to attract flies for your hummers. Here's the recipe for **artificial nectar** (syrup):

- Use **one part ordinary white cane sugar to four parts water** (do not use honey, Jell-O, brown sugar or fruit). Red dye is not necessary. *This mixture approximates the average sucrose content (about 21%) of the flowers favored by North American hummingbirds, without being so sweet it attracts too many insects.*
- It's not necessary to boil the water. The microorganisms that cause fermentation don't come from the water; they are transported to the feeder on hummingbird bills.
- Store unused syrup in the refrigerator for up to two weeks.

## Feeder Maintenance

**For every filling**, flush the feeder with hot tap water; a bottle brush can be very helpful. **Do not use soap** - hummers apparently don't like the taste. Visually inspect the entire feeder for black mold; a bleach soak (see the next paragraph) is the best way to remove mold. Discard any unconsumed sugar water. If the birds are not emptying your feeder between cleanings, it's unnecessary and wasteful to fill it completely. If the sugar solution in your feeder turns cloudy, it's spoiled and needs to be replaced. This can happen in as little as two days.

**At least once a month**, clean the feeder thoroughly with a solution of 1/4 cup bleach to one gallon of water. Soak the feeder in this solution for one hour, then clean with a bottle brush. Rinse well with running water and refill. Bleach is both safe and very effective. (From the website: [www.hummingbirds.net](http://www.hummingbirds.net))



Center for International Studies  
and Albuquerque International Association



The **Albuquerque International Association (AIA)** is a non-profit, non-partisan organization dedicated to enriching the lives of the community by creating a vibrant intellectual environment dealing with foreign affairs, international business, culture and art. The Association's mission is to increase public understanding of the world in which the US plays such an important role, as well as to contribute to the internationalization of the City of Albuquerque.

**AIA** provides a forum for enlightenment, intellectual challenge, discussion and fun, offering high-quality information on the most important and controversial issues of the day. It serves as an educational resource for multiple generations, from high-school and university students to professionals and retirees. AIA's flexible format includes an **international lecture series**, **world affairs** and **international business discussions**, a **book club**, an **international cuisine club** and **trips abroad**.

For more information, including how to join, access the website, [www.abqinternational.org](http://www.abqinternational.org) or call MMNA board member, **Henryk Sloma** at **(505) 303-2192**.

## 2017 Year-to-Date MMNA Dues

We want to thank all dues-paying residents for their contributions. Your dues go towards our family community events, entrance maintenance, and neighborhood security. If you haven't contributed to the association for 2017, you can do so (see **membership form** below). The suggested amount is \$25 but any amount is appreciated.

Many Thanks!

Steve Smith, MMNA Treasury  
email: [smsmith5391@yahoo.com](mailto:smsmith5391@yahoo.com)

Jonathan Anderson & Mary Sampaio  
Philip & Susanna Auerbach \*  
Tamarah & Steven Brown  
John & Joanne Buehler  
Evelyn G Byatt-Ballantine  
Steve & Agnes Chankin \*  
Marjorie Cypress & Philip Jameson \*  
Terry Davis & Steve Smith \*  
Kathleen H Diaz \*

Judy Diehl-Faxon  
Deborah Doak \*  
John & Fran Duncan  
David & Janet Fike  
Darrell Frisse \*  
James Gallegos  
Charles & Clara Garcia  
Richard Gentry  
Robert & Helene Glew  
Catie & Bill Glover \*  
Helen Gonzales & Lee Peifer  
Mary Beth Greulich  
Dawn & Devon Hall  
Chere Hartman  
J. Edward & Deborah Hollington \*  
Karl Horak  
Robert Jones & Nikki Mann  
Richard & Karen Lastrapes  
John & Kay Leslie \*  
Victor J. Lipari  
Catherine & Mark Lopez \*  
Gary & Thoula Mallory \*  
Steve & Gail Marcum \*  
Jeff McConaughy  
Roy & Dianne Moody

Bryan G. Moseley \*  
Lori & Mark Muller  
Sanford & Janice Oelberg  
David & Barbara Okerberg  
Robert & Sara Perovich \*  
David Pollock \*  
Richard & Maribeth Price \*  
Peter & Patricia Robinson \*  
Beth Redstone & Judith Rosenstein  
Frank Roth & Debbie Stover  
Parker & Virginia Sando  
Laurence & Judy Sisson \*  
Christine Small  
Mary & Steve Spensely  
Tim & Lorrie Stepetic  
Cheryl & David Summers  
Paul Thorne & Elizabeth Whitefield Thorne  
Donna Tomky & Bob Greer \*  
Sue & Dennis Umshler  
Gilbert & Regina Velarde  
Zane Reeves & Molly O'Rourke Wall \*  
Phillip Ward  
Tom Willis \*

*\* notes that member donated more than \$25*

## Water by the Numbers

The Water Authority has developed a flexible, voluntary program that seeks to limit needless landscape irrigation: Rather than impose mandatory day-of-the-week watering schedules, the **Water by the Numbers** program puts YOU in control. You pick your own days to water, and irrigate your landscape:

**ONCE** (1) a Week in **MARCH, NOVEMBER**  
**TWICE** (2) a Week in **APRIL, MAY, SEPTEMBER & OCTOBER**  
**THREE** (3) TIMES a Week in **JUNE, JULY & AUGUST**

*From the ABQ Water Utility Authority Website (<http://www.abcwua.org>)*

### Matthew Meadow Neighborhood Association Membership Form

(Mail To: MMNA P.O. Box 70294 Albuquerque NM 87197 or  
by **Paypal** via website: [www.matthew-meadow.com](http://www.matthew-meadow.com))

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Suggested dues amount per year: **\$25.00**

#### I would like to help with the following:

- Board of Directors  
 Newsletter

- Safety Task Force  
 Delivery of Newsletters

- Fun Social Activities  
 Winter Holiday Festivities